

School of Humanities and Social Sciences Department of Applied Psychology



Celebrating World Mental Health Day 10th October 2024

Invites everyone to join us

Scheduled events

1) Workshop (9:30AM to 12:45 PM)

Venue: 212-VB

"Enhancing Mental Well-being: A Step towards Healthy Mind"

Registration link: https://forms.gle/YDfFji3BpFh9hmRQ9

2) Games

- Dumb Charades (2:30 PM to 3:00 PM)
- Extempore (3:00 PM to 3:30 PM)
- Treasure hunt (3:30 PM to 4:30 PM)

Venue: 112-VB



Scan to register for games



Resource person
Mr Sanskar Agarwal,
Mental Health Professional
Bengaluru

Faculty Coordinators
Dr Subhasree G
Dr Kushal Rai

For queries: 8307485461 or 8016984916