



FREE BONE DENSITY CHECK-UP!

WE ARE CONDUCTING THIS FOR RESEARCH PURPOSES!

Who Can Participate?

- 👩 Women aged 45-70years
- 🕒 First Come, First Served! (Limited to 160 women only)

What's Included?

- ✅ Two-Phase Bone Density Screening
- ✅ Structured teaching program on diet , lifestyle and exercise

How to Register?

☎ Pre-register now by calling: [99897 65365]



LOCATION: GIMS R HOSPITAL , 1ST FLOOR ROOM NUMBER - 4 ORTHOPEDIC OPD, RUSHIKONDA, VISAKHAPATNAM
DATE & TIME: 25/3/25 , TIME : 9AM TO 4PM

🎯 TAKE A STEP TOWARDS STRONGER BONES — REGISTER TODAY!